

PHYSICAL EDUCATION VOLUNTEER



What is the classroom PE Volunteer?

The PE volunteer provides learning opportunities for student to develop motor skills, knowledge and behaviors for physical activity and physical fitness.

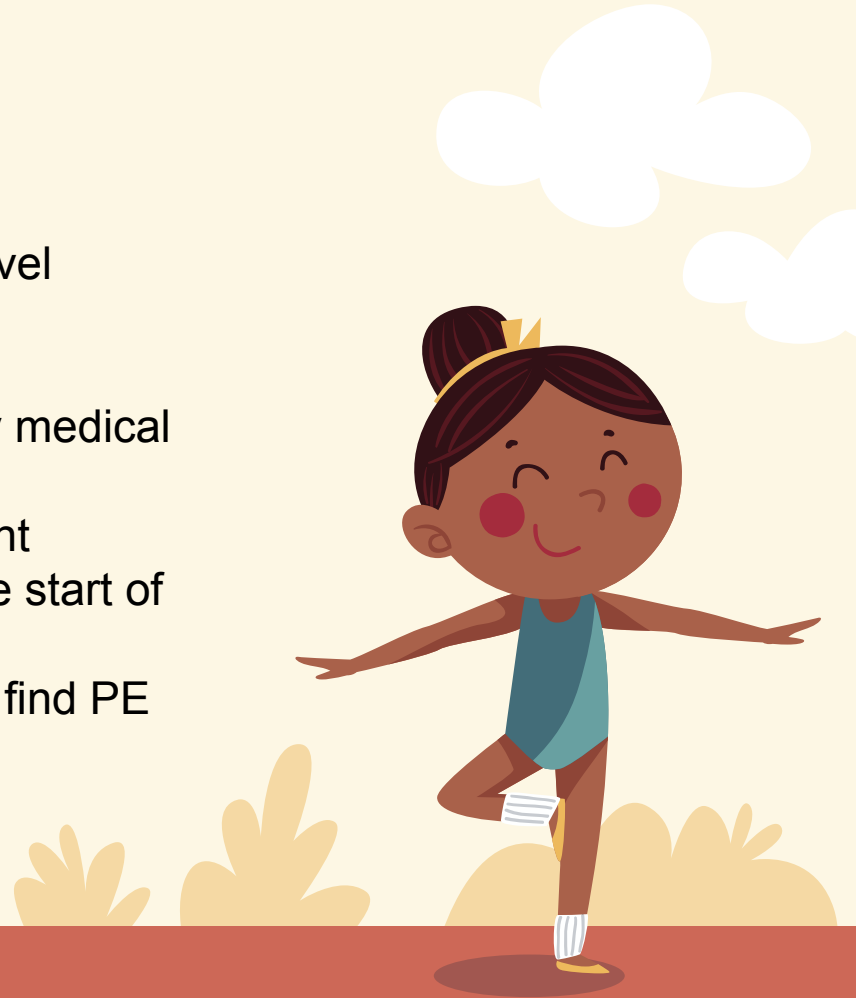
Key Responsibilities

- Lead playground games (both indoor & outdoor)
- Teach Physical Education Standards
- Utilize PE equipment
- Understand age appropriate motor skills
- Teach sportsmanship within each activity
- Focus on the game, not the win



Helpful Information

- Consult PE Standards for your grade level
 - [CA PE Standards](#)
- Focus on safety
 - Consult with teacher regarding any medical issues for students.
 - Emphasize proper use of equipment
 - Establish safety expectations at the start of class
- Communicate with teacher on where to find PE equipment
 - Classroom Equipment available
 - PE Shed Equipment available



Helpful Information

Tips to Manage Small Groups

- Use a signal to get attention
- Set expectations for your time together
- Give each group member a role
- Encourage positive behaviors by incorporating choices
- Visual cues can minimize interruptions
- Allow for a quick reflection of how things went at the end of your time together.
- Consult with teacher if challenges are being experienced



Volunteer Resources

01

SPARK BINDER

Located in the work room

02

PLAYWORKS

Monthly Newsletter &
[Playworks Website](#)

03

EQUIPMENT

Found in the Classroom or
PE Shed



IMPORTANT TIPS



Connect

Connecting with other PE Volunteers can help you with ideas. You can view a list of PE volunteers on Konstella



Collaborate

Partnering with other classroom volunteers can support smaller groups for your sessions.



Check-In

A regular check-in with the classroom teacher will ensure you are always in the know!



Confidentiality

In your role, you will have conversations that may include sensitive details about students and families. It is important to respect their privacy. Only speak about students or families with the classroom teacher or the school administration.